

PARTICIPANTS LIST OF ITEMS TO BRING

- Bible – notebook, pen/pencil
- Bedding - pillow, sleeping bag or sheets and blanket
- Toiletries – toothbrush, toothpaste, comb, brush, shampoo, soap, deodorant, razor, hair dryer etc. NO shaving cream, water balloon or toothpaste fights allowed
- Towels and washcloth
- Clothing - underwear, socks, athletic clothes, jeans, dress clothes, sleepwear
- Jacket or sweatshirt
- Shoes - tennis shoes, sandals etc.
- Swimwear (modest) - sun screen, sunglasses, hat
- Water bottle
- Rain gear - umbrella
- Camp stuff - flashlight, insect repellent, kleenex, camera
- Personal medications
- Spending money for Snack Shack and Gift Shop
- A good attitude, servant spirit and a desire to grow in Christ.

RETREAT LEADERS LIST OF ITEMS TO BRING

- First aid kit - Band-Aids, ointment, ace bandage, safety pins, pain reliever, cough drops, etc...
- Balance \$ due
- Cabin Roster
- Matches for campfire
- Water coolers
- Rainy day games/videos
- Sports Equipment needed for game field
- Medical/Emergency information on each retreat participant
- Cell Phone
- Material for your program, decorations for theme, prizes, etc...
- Extension cords, power strips
- A good attitude, servant spirit and a desire to grow in Christ.